



## AFTER SEDATION INSTRUCTIONS

### ***Initial below***

- \_\_\_\_\_ 1) Patient cannot drive for 24 hours after sedation.
- \_\_\_\_\_ 2) Do not operate any hazardous devices for 24 hours.
- \_\_\_\_\_ 3) A responsible person should be with the patient until he/she has fully recovered.
- \_\_\_\_\_ 4) Patient should not go up or down stairs unattended. Let the patient stay on the ground floor until fully recovered.
- \_\_\_\_\_ 5) Patient can eat whenever and whatever he/she wants.
- \_\_\_\_\_ 6) Patient needs to drink plenty of fluids as soon as possible.
- \_\_\_\_\_ 7) Patient may sleep for a long time or may be alert when he/she leaves. Attend to both alert or sleepy patient in the same manner, don't leave him/her unattended.
- \_\_\_\_\_ 8) Always hold patients arm when walking.
- \_\_\_\_\_ 9) Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.
- \_\_\_\_\_ 10) Patient should not carry, sleep next to or be left unattended with the elderly or young children for a period of no less than 24 hours after the last dosage of medication.

Following most surgical procedures there may or may not be pain, depending on your threshold for pain. You will be provided with medication for discomfort that is appropriate for you. In most cases, a non-narcotic pain regimen will be given consisting of *Acetaminophen*(Tylenol) and *Ibuprofen*(Advil). These two medications taken together, will be as effective as a narcotic without any of the side effects associated with narcotics. If a narcotic has been prescribed, follow the directions carefully. If you have any questions about these medications interacting with other medications you are presently taking, please call our office first, your physician and/or your pharmacists.

Dr.'s Beeper: (508) 944-8589

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### **Medications: Take only when checked**

- AMOXICILLIN - Fill prescription and take as directed
- ERYTHROMYCIN - Fill prescription and take as directed
- TYLENOL(ACETAMINOPHEN) - Take two every 4 hours
- ADVIL(IBUPROFEN) - Take two every 4 hours